

**TRAIN  
LEARN  
PLAY  
DEVELOP  
EXCEL**



WELCOME TO  
**BURNLEY FC**

SHADOW YOUTH  
TEAM & POST 16  
GIRLS ACADEMY



# OUR PARTNERSHIP



**NELSON & COLNE  
COLLEGE**  
GROUP

The Burnley FC Shadow Youth Team (SYT) and Post 16 Girls (P16G) programmes are two specialised programmes for 16 – 18 year olds. These programmes allow students to study Level 3 BTEC Diploma in Sports Coaching & Development as well as take advantage of our partnership with Burnley FC in the Community. The two-year programmes give talented young players between the ages of 16 and 18 the chance to combine academic studies with practical football experience. It is designed to bridge the gap between grassroots and academy football.

## The Level 3 BTEC Diploma in Sports Coaching & Development

The course will support you in developing the key personal, technical and professional skills you need to get ahead, whether you want to progress to higher education or employment in your chosen sector.

PRACTICAL SKILLS:	KEY EMPLOYABILITY SKILLS:	AREAS OF STUDY MAY INCLUDE:
<ul style="list-style-type: none"> <li>• First Aid training</li> <li>• Coaching</li> <li>• Fitness training</li> <li>• Fitness testing</li> </ul>	<ul style="list-style-type: none"> <li>• Commitment</li> <li>• Resilience</li> <li>• Initiative</li> <li>• Confidence</li> <li>• Professionalism</li> </ul>	<ul style="list-style-type: none"> <li>• Safe working practices</li> <li>• Leadership</li> <li>• Communication with children and different audiences</li> </ul>

## Entry Requirements

We love to work with good footballers with a passion for the sports industry who are looking to progress and develop both on and off the pitch.

You will need at least five GCSEs at grade 4 or above, including Maths or English. Those who would like to apply for the course will need to attend and successfully complete a football trial. A Level 2 pathway is available depending on a successful college interview.





# OUR ETHOS

## TRAIN

Train 3-4 times a week under guidance of our UEFA licenced coaches with transport across campuses provided. You will also have opportunities to participate in position specific training with a full time UEFA Goalkeeping coach.

## LEARN

Study at our campuses (Nelson and Colne College or Accrington and Rossendale College) with guidance from our highly qualified staff. Our Full-time BTEC Extended Diploma in Sport Coaching and Development is equivalent to three A Levels.

- Units covered: Sports Coaching, Nutrition, Sports Psychology and Work Experience
- Option to complete FA Level 1 in Football Coaching



## PLAY

Represent Burnley FC in the National Football Youth League, English Football League (EFL) Community and Education Football Alliance and participate in league and cup competitions exclusively for development teams.

- Games are often played at professional club training grounds
- Opportunities to train and play in different countries

## DEVELOP

Develop physically and mentally through tailored training sessions to become a better, more confident player and person.

## EXCEL

Some of the amazing things you can go on to do include:

- USA Scholarships
- Playing for a professional or semi-professional football team
- Continuing your education at university level
- Industry employment



## DID YOU KNOW?

**Our Post 16 Girls Academy can be scouted to play for BFC Women's First Team professionally!**

# BENEFITS OF OUR PROGRAMME

- The opportunity to play in Burnley FC official home and away kits
- All students receive a FREE Burnley FC training kit
- Get your individual and squad photos taken at Turf Moor
- Showcase your talent through access to National Football Youth League (NFYL) and English Schools/English Counties representative squads trials
- Access to fully qualified Physiotherapists
- Strength and conditioning programmes to carry out in the onsite gym
- Fixtures are filmed and analysed
- Nutrition guidance
- Career support



## TAYLOR O'NEILL

Triple Distinction in Sport

### Where next?

Secured a Football Scholarship at Point University in Georgia, USA



## LOIS PAGE

Studying Sports and Exercise

### Where next?

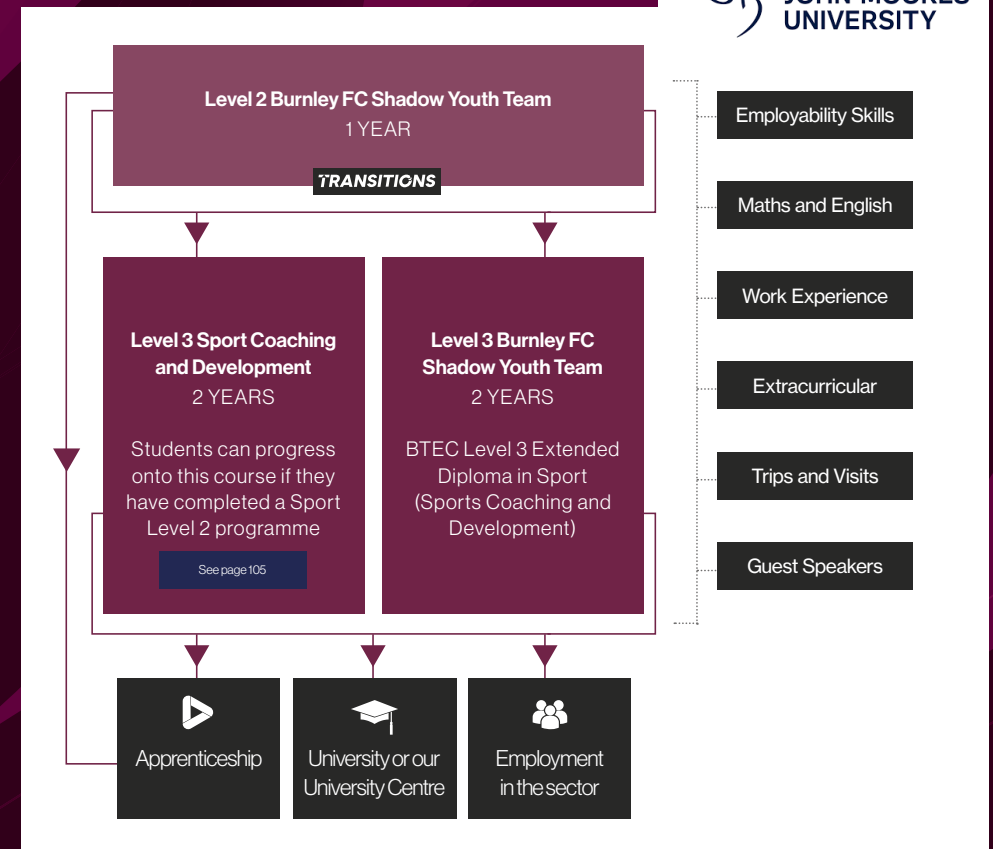
Now has a paid role as a Casual Sports Coach, delivering a variety of sessions that include disability and female football sessions.

STUDENT SUCCESS STORIES:

# PROGRESSION PATHWAYS

Over the two-year course you will develop the essential skills, knowledge and qualifications required to progress into a career in sport and leisure, or higher education. After completing the two year course, you can then study at the Nelson and Colne College Group University Centre.

As a part of our College University Centre, we now offer a bespoke Degree programme in partnership with Burnley FC in the Community. Our Level 4 CertHE course in Sport Coaching and Performance runs from our Accrington and Rossendale Campus and is awarded by Liverpool John Moores University (Top 10 university for Sports Science courses).



# ENQUIRIES

## **NATHAN MOTTRAM**

Shadow Youth Team (SYT) Nelson and Colne College

*n.mottram@burnleyfc.com*

## **ANDREW PROCTER**

Shadow Youth Team (SYT)

Accrington and Rossendale College

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## **REBECCA CLOUGH**

Post 16 Girls Nelson and Colne College and  
Accrington and Rossendale College

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NELSON & COLNE  
COLLEGE

ACCRINGTON & ROSSENDALE  
COLLEGE

Part of

NELSON & COLNE  
COLLEGE

GROUP

[www.nelson.ac.uk](http://www.nelson.ac.uk) | [www.accross.ac.uk](http://www.accross.ac.uk)



**BURNLEY FC**  
IN THE COMMUNITY