

Vocational



Level 2
Burnley FC
Shadow Youth Team



ACCRINGTON & ROSSENDALE
COLLEGE

QUALIFICATION

BTEC LEVEL 2 DIPLOMA IN SPORT (OTHER QUALIFICATION ROUTES ARE AVAILABLE)

DURATION

1 YEAR

STUDY TYPE

FULL-TIME

START DATE

SEPTEMBER 2020

VOCATIONAL ENTRY REQUIREMENTS

4 GCSEs at grade 3 or above including either Mathematics or English, or a Level 1 equivalent in this area and GCSE Mathematics or English at grades 3 or above. Plus a successful trial.

Description

This course is part of the ARC Ambitions Programme – a unique programme for Level 2 students, which will support you in developing key personal skills such as communication, confidence, resilience, employability and presentation skills.

Areas of study may include investigating employment in the sports industry, anatomy and physiology, coaching, fitness and training and development of practical sports skills. You will have up to eight hours dedicated coaching and games a week with a highly qualified coaching team.

After completing this course, you will have the necessary skills to progress onto the Level 3 BFC Shadow Youth Team course or an Apprenticeship.

There will be lots of opportunities for trips, visits, guest speakers, mentoring and work experience. This is an exciting programme, designed to help you get ready for your next steps.

What you learn:

The units you study will depend on your GCSE grade profile, however, they may include;

- Fitness testing and training
- Practical sports
- Anatomy and Physiology
- Sports development
- Planning and leading sports activities
- Nutrition for sports performance
- Principles of coaching studies
- Gym-based fitness instructing

How you will be assessed:

The units are assessed using a variety of different methods including written assignments, PowerPoint presentations, group work, practical assessments and competency based assessments.



Further Information: There are a range of recommended reading materials for this programme. Students are required to purchase sports kit, polo tops and hooded sweatshirts. The remaining attire is general sportswear e.g. shorts, tracksuit bottoms, and suitable footwear, indoor and outdoor. Please note suitable footwear for the 3G pitch is either sports trainers, moulded boots or astro trainers.