

Vocational



Level 2 Sport

 ACCRINGTON & ROSSENDALE
COLLEGE

DURATION

1 YEAR

STUDY TYPE

FULL-TIME

START DATE

SEPTEMBER 2020

VOCATIONAL ENTRY REQUIREMENTS

4 GCSEs at grade 3 or above including either Mathematics or English, or a Level 1 equivalent in this area and GCSE Mathematics or English at grades 3 or above.

Description

This course is part of the ARC Ambitions Programme – a unique programme for Level 2 students, which will support you in developing key personal skills such as communication, confidence, resilience, employability and presentation skills.

This one year course will highlight the variety of opportunities available within the sport and leisure industries. You will study a range of interesting modules which may include fitness testing and training, anatomy and physiology, nutrition and leading sports activities.

You will look at the ways in which the media, race and economic influences can all affect participation.

This course is an excellent grounding for further study at Level 3, where you will specialise in a particular career pathway depending on your aspirations.

There will be lots of opportunities for trips, visits, guest speakers, mentoring and work experience. This is an exciting programme, designed to help you get ready for your next steps.

What you learn:

Units may include:

- Fitness testing and training
- Practical sports
- Anatomy and physiology
- Sports development
- Planning and leading sports activities

How you will be assessed:

The units are assessed using a variety of different methods including written assignments, PowerPoint presentations, group work, practical assessments and competency based assessments. 25% of this qualification is externally assessed and 75% of coursework is internally assessed.

Further Information: Sports students are expected to engage fully in all aspects of the course including all practical work as well as classroom based units. All sports students wear a uniform which comprises of a polo shirt and a hooded sweatshirt. Students are required to wear suitable sports attire including shorts, tracksuit bottoms and appropriate footwear such as trainers. The footwear for the new 3G pitch is either sports trainers or moulded football boots. Astro trainers are also suitable.