

Vocational



Level 3
Burnley FC
Shadow Youth Team



ACCRINGTON & ROSSENDALE
COLLEGE

DURATION

2 YEARS

STUDY TYPE

FULL-TIME

START DATE

SEPTEMBER 2020

VOCATIONAL ENTRY REQUIREMENTS

5 GCSEs at grade 4 or above including either Mathematics or English, or a Level 2 equivalent in this area and GCSE Mathematics or English at grade 4 or above. Plus a successful trial.

Description

The Burnley FC Shadow Youth Team is a unique programme for aspiring footballers. Successful players will represent Accrington and Rossendale College in partnership with Burnley FC in the Community as part of the British Colleges Leagues. Students will study for a BTEC Level 3 Extended Diploma in Sport. Students will also gain the FA Level 1 Coaching Award. You will have up to eight hours dedicated coaching and games a week with a highly qualified coaching team.

There will be the opportunity to compete in games as well as gain access to Burnley FC first team home matches. As well as receiving support from a professional club, there may be opportunities for American scholarship links.

At the end of this programme you can choose to progress onto a Degree in Sport at Nelson and Colne College, university, an Apprenticeship or employment in the sector.

What you learn:

You will study topics such as Sports Coaching and Elite Sport, Practical Team and Individual Sports, Principles of Anatomy and Physiology, and Fitness Testing and Programming. In addition there will be a number of optional units to choose from, which may include:

- Sport nutrition
- Profiling sports performance
- Sports legacy development
- Sport as a business
- Organising sport events
- Talent identification and development
- Analysis of sports performance
- Exercise for specific groups
- Leadership in sport
- Current issues in sport
- Psychology for sports performance

How you will be assessed:

The units are assessed using a variety of different methods including written assignments, PowerPoint presentations, group work, practical assessments and competency based assessments.

Further Information:

There are a range of recommended reading materials for this programme. Students are required to purchase sports kit, polo tops and hooded sweatshirts. The remaining attire is general sportswear e.g. shorts, tracksuit bottoms, and suitable footwear, indoor and outdoor.

Please note suitable footwear for the 3G pitch is either sports trainers, moulded boots or astro trainers.

